

# Philip Chan UKTC Taekwon-Do

September 2023

## Monday

Cramond Kirk Hall

4pm Little Tiger Cubs

5pm Active Tigers and Kids beginner TKD (white belt up to green tag)

6pm Advance TKD (Green belt above), Teenagers and Adults

## Tuesday

Balerno High School (alternative for Currie High School until further notice)

6pm Active Tigers and Kids beginner TKD (white belt up to green tag)

7pm Advance TKD (Green belt above), Teenagers and Adults

## Wednesday

Ladywood Leisure Centre, Penicuik

3:45pm Little Tiger Cubs

4:30pm Active Tigers and TKD (all level)

Frogston Primary School

6:15pm Active Tigers and Kids beginner TKD (white belt up to green tag)

7:15pm Advance TKD (Green belt above), Teenagers and Adults

## Thursday

Loanhead Leisure Centre

3:45pm Little Tiger Cubs

4:30pm Active Tigers and TKD (all level)

Liberton High School

6pm Active Tigers and TKD (all level)

## Friday

Gate 55, Sighthill

3:50pm Taekwon-Do

Holyrood High School

6pm Little Tiger Cubs with Miss Harkess

6pm Active Tigers and Kids beginner TKD (white belt up to green tag)

7pm Advance TKD (Green belt above), Teenagers and Adults

## Saturday

Gyte's Leisure Centre, Peebles

10am Active Tigers and beginner TKD (white belt up to yellow belt)

11am TKD

Penicuik Centre

12:45pm Active Tigers and TKD (all level)